

**Speaker: Senior Associate Pastor Petrina Guneratnam**  
**Title: The Good Life**  
**Text: Psalm 23**

## **INTRODUCTION**

God's original plan for every one of His children is to have a good life. A life of purpose, prosperity and fulfilment. Sin destroyed it.

Jesus redeemed the good life for us.  
He became the Sacrificial Lamb through His death and resurrection.  
He is now the Good Shepherd to those who are His sheep.

### **John 10:11, 14**

"I am the Good shepherd. The Good Shepherd gives His life for the sheep."  
"I am the Good Shepherd and I know My sheep and am known by them."  
The good life is the "sheep's life".

There are 4 distinct characteristics to a good life.

#### **1. SATISFACTION**

Satisfaction is contentment, fulfilment, completeness, wellness, nothing lacking, everything just right.

Psalm 23:1 begins with David's declaration.

"The Lord is my shepherd, I have everything I need."

A good shepherd has 3 main responsibilities

- \* He provides for his sheep
- \* He protects his sheep from weather and fierce creatures.
- \* He position his sheep according to their needs.

The Lord is my shepherd, I have direction and purpose.

The Lord is my shepherd, I have everything I need.

#### **2. SERENITY**

Have a deep sense of peace, confidence in all circumstance, calm and tranquillity in any environment.

Everyday we face challenges. Work challenge, family, people, health etc.

### **Psalm 23: 2-3**

"He **makes me lie down** in green pastures,) Serenity within

He <b>leads</b> me beside <b>quiet</b> waters,	)	Serenity within comes through
He <b>restores</b> my soul.	)	relationship and fellowship
	)	with Jesus (knowing & trusting)
He <b>guides</b> me in <b>paths of righteousness</b>	)	<u>Serenity without</u>
for his name's sake." (NIV)		

Serenity within..... Inner man restored.  
 Serenity without.... Outer man finds direction.

He leads you to the right kind of people, business, careers, ministry, work

So now the Lord says in Jeremiah 6: 16

"Stop right where you are! Look for the old, godly way, and walk in it. Travel its path, and you will find rest for your souls."

### 3. SECURITY

Security is a state of being free from anxiety, fear, doubt, danger, harm, etc.  
A sense of safety or certainty and confidence.  
 We call this the blessed assurance.

#### Psalm 23: 4-5

**When I walk through the dark valley of death. No fear.... secured... because my Shepherd is walking beside me. Your rod, your staff... comforts me, protects me. In the presence of my enemies, I have a feast.**

### 4. SUCCESS

Success is finding God's will and doing it well.

*Psalm 23: 6*

"Surely goodness and love will follow me all the days of my life, and I will dwell in the house of the Lord forever."

Bible success, God's view of success is a life overflows with blessings, satisfaction, serenity, security.... because the blessing of God... goodness and mercy pursue you all the days (everyday). In life or in death.... I live in the presence of the Lord.

## CONCLUSION

The good life consists of 4 'S' ... Satisfaction  
 ... Serenity  
 ... Security  
 ... Success

These 4 blessing are for those who choose to follow the leading of the Shepherd Jesus Christ.